

# Introduction to common Red Team Attacks & Blue Team Defenses



## Common Red Team Attack Vectors and Techniques

## Common Attack Kill Chain

## Common Blue Team Detective and Preventative Controls

Common Variations			RED TEAM	BLUE TEAM	Endpoint	Network	Process	
<b>Find Emails &amp; Users</b> LinkedIn.com, Google.com, Data.com, Bing.com	<b>Verify Emails &amp; Users</b> SMTP Server Cmds, Send Test Emails, HTTP with NTLM, Office365 OWA MS APIs	<b>Create Phishing Payloads &amp; Sites</b> Create Content-Filter Exceptions, Buy Expired Domains	<b>Prepare Phishing Attacks</b> from public resources		NA	Deny / log VRY requests, Deny / log EXPN requests, Log RCPT commands executed sequentially, Large numbers of HTTP NTLM requests	User awareness training, Track company's point of presence and employee exposure, Monitor domain expirations	
<b>Email Sources</b> Spoofed Internal Domain, Spoofed External Domain, Domain Similar to Company	<b>Email Targets</b> Hacked Account, Mass Mailing, Targeted Mailing	<b>Email Content</b> Malicious Links, Malicious Files & Embedding	<b>Send Phishing Emails</b> to employee addresses		NA	Email filters, thresholds, and spam rules, Email source verification, Blacklist checks, SPF record checks, Logs / SEIM / Alerts	User awareness training, Incident response procedures	
<b>Malicious Links</b> Port Scan, Geo Locate, Phish Web Site	<b>Website Components</b> Credential Collection Form, Java Applet ClickOnce HTA, Brower Exploit	<b>Files</b> Common exec file formats, Office Docs + Macros	<b>Deliver the Payloads</b> to employee systems		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy, Mail client configurations, MS Office Security Settings, Web browser configurations, Logs / SEIM / Alerts	Email filters, thresholds, and spam rules, Deny / log relay requests, Secure caching provider, Web filtering / white listing, Authenticated HTTP proxies, Logs / SEIM / Alerts	User awareness training, Incident response procedures	
<b>Common Payload Command Types</b> Commands: cmd, wmi, wrm, ftp, net, etc; Binaries: Executable, Installer, Library; Scripts: PS, VB, VBS, JS, Bat; Standard Code: C, C++, C#; Assembly Code: shellcode; Byte Code: Java, .Net			<b>Run the Payload Commands</b> on employee systems		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts	NA	User awareness training, Incident response procedures	
<b>Common Local Persistence Methods</b> PW / Pvt Key, PW Hash, Kerb Ticket, Custom Providers, File, Registry, & Application Autoruns, Windows Service, Scheduled Task, WMI Event Trigger, Code / File Modification, Driver BIOS			<b>Maintain Local Persistence</b> on employee systems		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts, FIM / WMI event triggers	NA	User awareness training, Incident response procedures	
<b>Egress Ports</b> TCP, UDP, IPv4, IPv6	<b>Common Protocols</b> HTTP, HTTPS, DNS, ICMP, NTP, SSH, Telnet, Rlogin, FTP, NFS, SMB, Torrent IM, SMTP	<b>Common Types</b> Beacon, Bind Shell, Reverse Shell, Web Shell	<b>Obtain Command &amp; Control Channel</b> from employee systems		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts	Firewall Rules / Segmentation, NIDS / NIPS, Fix Up Protocols, Web Filtering / White Listing, Authenticated HTTP Proxies, Logs / SEIM / Alerts	User awareness training, Incident response procedures	
<b>Weak Configurations</b> Weak Password or Password Storage Method, Insecure Service, Insecure Schtask, Insecure GPO, Insecure Protocol, Excessive Privilege			<b>Escalate Local Privileges</b> on employee systems		Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts, DEP / ASLR / SEH, Micro virtualizing / sandboxes	Logs / SEIM / Alerts	Admin awareness training, Incident response procedures	
<b>Steal Authentication Tokens</b> Password / Private Key, Password Hash (PTH), Kerberos Ticket (PTT)	<b>Common local Targets</b> OS, Domain, & Network Information, Users & Groups, Cache & Logs, Services & Processes, Installed Apps, Files & Registry		<b>Perform Local Recon / Discovery</b> on employee systems		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts	Logs / SEIM / Alerts	Admin awareness training, Incident response procedures	
<b>Passive Recon</b> Sniffing	<b>Active Discovery</b> Trace Route, Ping & Port Scanning, DNS & ADS Queries, Share & Logon Scanning, DB, SP & Mail Svr Scanning	<b>Locate Domain, Ent. &amp; Forest Admins</b> Domain GPOs & SPN, Remote Sessions & Processes	<b>Perform Network Recon / Discovery</b> on internal networks		HIDs / HIPs, Logs / SEIM / Alerts, Canaries, - Local & Domain User Accounts, - Domain Computer Accounts, - Local and Network Files, File Auditing	Firewall rules / segmentation, NIDS / NIPS, Honey pots, Tarbits, Canary networks, systems, & accounts, Logs / SEIM / Alerts	Admin awareness training, Incident response procedures	
<b>Stolen Authentication Tokens</b> Password / Private Key, Password Hash (PTH), Kerberos Ticket (PTT)	<b>Common Methods</b> MGMT Services, Windows Service, Sched Task, File Share, DB, App & VM Servers, Remote Exploit, Physical, GPO, SCCM		<b>Perform Lateral Movement</b> between systems/networks		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts, Host-based Firewall	Firewall Rules / Segmentation, NIDS / NIPS, Honey Pots, Tarbits, Canary networks, systems, & accounts, Logs / SEIM / Alerts	Don't use shared local accounts, Use a separate domain user and server admin accounts, Maintain secure configs, Incident response procedures	
<b>Steal Admin Authentication Tokens</b> Password / Private Key, Password Hash (PTH), Kerberos Ticket (PTT)	<b>Attack DCs</b> Exploits, Kerberoast & GPP	<b>Escalate to Root Domain</b> Shared Password, Delegated Privs Nested Groups, Domain Trusts & SID History, Exploits Kerberoast GPO	<b>Escalate Domain Privileges</b> via common vectors		Asset / config / patch mgmt., Anti-virus / HIDs / HIPs, Secure group policy settings, Application white listing, Least privilege enforcement, Logs / SEIM / Alerts, Host-based Firewall	Firewall Rules / Segmentation, NIDS / NIPS, Honey Pots, Tarbits, Canary networks, systems, & accounts, Logs / SEIM / Alerts	Don't use shared local accounts, Use a separate domain user and server admin accounts, Maintain secure configs, Incident response procedures	
<b>Common Data Stores</b> Mail Servers, File Servers, Database Servers, Code Repositories		<b>Common Data Targets</b> PII, PHI, CHD, IP & Research, Financial Data, Insider Trading Info	<b>Find and Access Sensitive Data</b> in common data stores		Least Privilege Enforcement, Two-Factor Authentication, Data Encryption and Secure Key Management, File, Application, and Database Auditing, Host DLP / Logs / SEIM / Alerts	Firewall Rules / Segmentation, NIDS / NIPS, Honey Pots, Tarbits, Canary networks, systems, & accounts, Logs / SEIM / Alerts	User awareness training, Incident response procedures, Manage keys securely, Consolidate and isolate sensitive data stores	
<b>Common Protocols TCP/UDP, v4/6</b> LAN & Wireless, Common & Uncommon Ports, Standard & Custom Protocols		<b>Data Handling</b> C2 and Alternative Channels, Staged & not Staged, Large & Small Files, Compression Encoding Encryption	<b>Physical Media</b> USB & SD, CD, DVD	<b>Exfiltrate Sensitive Data</b> using common channels		HIDs / HIPs, Host DLP, Large file upload detection, Mail client/server settings, Logs / SEIM / Alerts	Firewall Rules / Segmentation, Email Server Configuration, Network DLP, Fix Up Protocols, Web Filtering / Auth Proxy, Canary Data Samples, Logs / SEIM / Alerts	User awareness training, Incident response procedures
<b>Stolen Authentication Tokens</b> Password / Private Key, Password Hash (PTH), Kerberos Ticket (PTT)	<b>Two Factor</b> Private Key, Token Seed, Skeleton Key	<b>Common Internet Facing Interfaces</b> VPN, RDP, SSH, VDE, Web Shells, Office365 Azure AWS, Web Based Citrix & TS		<b>Maintain Remote Access Without a C2</b> using common interfaces		Enforce Two-factor authentication on all external interfaces, Limit Terminal Service, Citrix, and VDE access to specific groups during specific hours, Geo / IP limiting	Firewall rules / segmentation, NIDS / NIPS, Canary networks, systems, applications, and accounts, Logged events / SEIM / alerts	Admin awareness training, Incident response procedures, Enforce strong account policies